

REQUEST FOR TRAUMA HISTORY

Expert Outcomes

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This is an essential part of my treating you. I will be using this as a road map for guiding treatment.

1. Please List each Trauma from Earliest Memory to present time.
2. Give Each Trauma a Name
3. Give the Approximate Age (sometimes a trauma occurs over a few years with repeated incidents)
4. Give a three to four line Description of the Event (this is not meant to be a complete history, only a brief synopsis)

EXAMPLE:

Almost Drowned.

Age 11.

I was separated from my parents, I got into deep water and begin gasping for air and swallowed lots of water, I was spotted and rescued by a family in a boat who administered CPR and revived me.